



Who are EPIC SOLUTIONS?

Exeter Paediatric Integrated Care Solutions: bridging the gap between mental and physical healthcare for ages 0-25 years.

EPIC Solutions is an Exeter-based private healthcare practice for children and young people aged 0-25, founded in 2019 by Dr Vicky Hill, Consultant Child and Adolescent Psychiatrist, and Dr Karen Street, Consultant Paediatrician. EPIC was born out of their shared passion for truly integrated working across mental and physical healthcare for children and young people, recognising that physical, emotional, behavioural and psychological development continues into early adulthood.

EPIC Solutions has grown to become a consultant-led multidisciplinary team of highly qualified healthcare professionals, including clinical psychologists, nurses, mental health practitioners, speech and language therapists, occupational therapists, a physiotherapist, a creative therapist, a dietitian, and Ebony, our emotional support dog! We offer bespoke, holistic services and a wide range of assessments, therapies and support for children, young

people and the systems around them. What makes EPIC unique is that you don't have to know what you want or need – just that something feels not quite right and you need help.

We strongly believe in the value of face-to-face appointments to enable the greatest depth of assessment and to form supportive and therapeutic relationships. We have premises that are easily accessible, including waiting areas, sensory rooms, clinical and therapy rooms, a creative therapies room, and occupational therapy space. EPIC is supported by a dedicated reception, administration and finance team led by our practice manager, Filipa.

This year is particularly exciting for EPIC as we expand to additional premises, enabling us to offer a wider range of services to more people. Our current reach includes Devon, Cornwall, Somerset, Dorset, Bristol and beyond, but we are exploring ways to facilitate services for those travelling greater distances. Watch this space!

Our services include assessment for neurodevelopmental differences (autism,

ADHD, FASD, language disorders, dyspraxia, sensory processing), educational difficulties (cognitive, executive functioning, dyslexia), trauma and attachment disruption, anxiety and mood disorders, behaviours associated with nutritional risk, and many more. We mostly work with individual clients as well as contracts with organisations including fostering, adoption and special guardianship teams. EPIC also provides presentations, workshops, education and training.

EPIC Solutions were winners of the Health and Wellbeing category at the 2023 *Exeter Living Awards* and the Southwest EntreConf Awards. This year we are sponsoring the Community category at the *Exeter Living Awards*, supporting organisations that share our vision and values.

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